



MARCH 2017: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>		1	New York Thursday 2	National Canadian Bacon Day 3
		French Toast Sticks Served with Syrup Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Hot Oatmeal Warm Peach Topper Fresh NY Apples	Cheese Omelet Buttermilk Biscuit Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice
6	7	National Pancake Day 8	New York Thursday 9	10
Egg & Cheese Breakfast Sandwich Warm Carrot Cheese Bread Land O'Lakes® Colby Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Fruit Choice	Cinnamon Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Strawberry Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices	Cheese Omelet Soft Wrap with Salsa Hot Oatmeal Warm Peach Topper 100% Fruit Juice
13	14	15	New York Thursday 16	17
Beef Sausage & White Cheddar Sandwich Warm Banana Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Fruit Choice	Blueberry Pancakes Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Yogurt Parfait Warm Zucchini Bread Hot Oatmeal Warm Peach Topper Fresh NY Apples	Canadian Bacon, Egg & Cheese on an English Muffin Back to the Roots Organic® Cinnamon Cereal Bowl Hot Oatmeal Warm Peach Topper 100% Fruit Juice
20	21	22	New York Thursday 23	24
Egg & Cheese Breakfast Sandwich Warm Cinnamon Apple Bread Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Fruit Choice	Tasty Waffles Served with Syrup Turkey Sausage Patty Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Strawberry Banana Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices	Turkey Chorizo Breakfast Burrito with Taco Sauce Back to the Roots Organic® Purple Corn Flakes Bowl Hot Oatmeal Warm Peach Topper 100% Fruit Juice
27	28	29	New York Thursday 30	31
Turkey Bacon, Egg & Cheese Breakfast Toast Blueberry Yogurt Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Fruit Choice	Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Hot Oatmeal Warm Peach Topper Fresh NY Apples	Cheese Omelet Buttermilk Biscuit Hot Oatmeal Warm Peach Topper 100% Fruit Juice

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, 100% Fruit Juice, Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

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MENUS ARE SUBJECT TO CHANGE